

Humans of IVF

'Networks of hope'


'Humans of IVF' is an online platform answering the emotional queries of women receiving medical IVF treatment. For free registration and further information log onto:

www.humansofivf.com

CONTACT US AT:

 humansofivf@instagram.com

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Founder

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Humans of IVF

*The website has been featured on the official website of the centre for IVF and Human reproduction of **Sir Ganga Ram Hospital**.*

*Please visit www.ivfgangaram.in and find it under the link **patient education program**.*



Humans of IVF

Inayaa Gulati

Patient Information

Full Name: _____

Phone number: _____

Questionnaire

1. Is this your first IVF treatment?

(a) Yes

(b) No

1.1

If yes, how do you feel in one word about beginning the treatment:

- Very anxious
- Anxious
- Uncertain
- Neutral
- Hopeful
- Very Hopeful

If no, what has been the most emotionally challenging process/experience?

- Leaving work
 - Reduced time for hobbies
 - Marital problems
 - Visible emotional/physical changes
 - Beginning Treatment
 - Hormonal injection administration
 - Embryo Transfer
 - Other:
-

2. Which phase of IVF are you currently in?

- Pre-counselling period
- Stimulation period
- Egg Retrieval
- Post-embryo transfer

3. Please describe any emotional and/or physical changes you have undergone after beginning IVF treatment:

Emotional

- Anxiety
- Stress
- Easy irritability
- Overthinking
- Mood Swings
- Other:

Physical

- Persistent bloating
- Weight gain
- Insomnia
- Pain
- Other:

4. Do you feel comfortable interacting about your treatment?

- (a) Yes
- (b) No

4.1

Who is the one person you feel most comfortable talking to about your infertility experience (challenges, procedures, events)

4.2

Do you think reading about similar emotionally challenging experiences and FAQs concerning emotional distress while undergoing IVF can help?

- (a) Yes
- (b) No

Only if second option is chosen (for potential peers)

5. Would you be open to joining my online forum for women undergoing IVF?(The forum provides answers to several questions regarding difficulties/ fears/anxieties women undergoing IVF have experienced as well as provides a directory of IVF-related services and exciting weekly updated blog).

- Yes
- No

6. Do you have any expectations from Humans of IVF?

Let me help you register!

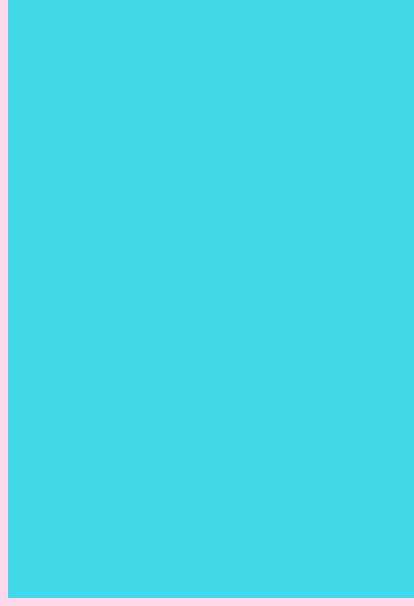


Project 'Darzi' (Tailor)

[Presentation](#) | [Documentary](#)



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CERTIFICATE OF COMPLETION

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GLOBAL CHALLENGES AND SOCIAL JUSTICE
June 2020

Proudly presented to

Inayaa Gulati

in recognition of
your dedication, passion, and hard work for completing 20
hours of community work and creating social impact!

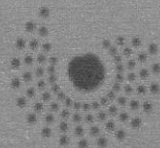
A handwritten signature in black ink, appearing to read "Mandeep Kaur".

MANDEEP KAUR
FOUNDER
TRIBESFORGOOD

A handwritten signature in black ink, appearing to read "Shalini Datta".

SHALINI DATTA
FOUNDER
AFTERTASTE

Program Partner



Aftertaste



Supporting Small Business during COVID-19

30th June, 2020

Dear Inayaa Gulaati,

We would like to extend our heartiest thanks to you for supporting Aftertaste by working on digital marketing for our brand during COVID 19 from 15th May to 30th June, 2020. You worked on this project at a critical juncture when our offline sales had stopped because of COVID -19 pandemic. Your efforts have led to creating a real social impact! You were outstanding in terms of your communication and delivery and it was a pleasure to work with.

We truly appreciate this initiative of yours of being a changemaker. We hope to continue our association with you in the future. We wish you all the best.

Shalini Datta

Regards,

Shalini Datta

Founder- Aftertaste